

# Inside Recess at Spring Lake Elementary

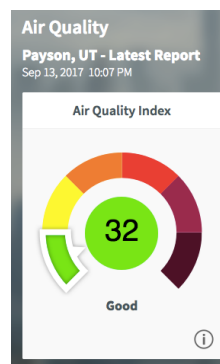
This plan will be implemented during days of inclement weather.

## We will define inclement weather as follows:

- Moderate to heavy precipitation in which clothing, shoes and hair would not remain dry.
- Lightening or thunder storms.
- Extremely cold temperatures or high winds.
- Poor air quality. We will monitor air quality as needed and will follow the air quality indexes found on [air.utah.gov](http://air.utah.gov) and [weatherbug.com](http://weatherbug.com). On green or yellow days, all students may play outside. On orange days, students from sensitive groups will remain inside. On red or purple days, all students will remain inside.

Air Quality Index (AQI)	PM 2.5	Ozone
Good	0 - 12.0 $\mu\text{g}/\text{m}^3$	0 - 0.054 ppm
Moderate	12.1 - 35.4 $\mu\text{g}/\text{m}^3$	0.055 - 0.070 ppm
Unhealthy for Sensitive Groups	35.5 - 55.4 $\mu\text{g}/\text{m}^3$	0.071 - 0.085 ppm
Unhealthy	55.5 - 150.4 $\mu\text{g}/\text{m}^3$	0.086 - 0.105 ppm
Very Unhealthy	150.5 - 250.4 $\mu\text{g}/\text{m}^3$	0.106 - 0.200 ppm
Hazardous	Above 250.5 $\mu\text{g}/\text{m}^3$	Above 0.201 ppm

Based on a 24-hour average.      Based on an 8-hour average.



## MORNING & AFTERNOON RECESS

- During morning and afternoon recess, students should remain in their classrooms supervised by the teachers who are on recess duty. Teams should work together to ensure that all classrooms are covered.
- Please clearly define with your class the activities that are appropriate for inside recess and which materials they are allowed to use.
- Students shouldn't be chasing, throwing balls, playing tag, running between classrooms, or playing in the hallways or atriums unsupervised.

## LUNCH RECESS

- Recess duty technicians will supervise students in classrooms.
- Before lunch recess, teachers should define appropriate activities for students once back in class. It is helpful to write the options on the board so that the recess duty technicians know what is allowed in each class.
- Suggested activities for inside recess include:
  - a. A projected movie segment or cartoon for students to watch.
  - b. Playing board games.
  - c. Drawing or Reading a Book
  - d. Talking quietly with friends.

## AREAS/TIMES of SUPERVISION:

1<sup>st</sup> Grade Pod (2 people) : 11:25 am – 11:50 am

3<sup>rd</sup> Grade Pod (2 people – 1 near Cofie & Lybbert, 1 near Jarvis): 11:35 am – 12:00 pm

2<sup>nd</sup> Grade Pod (2 people) : 11:45 am – 12:10 pm

4<sup>th</sup> Grade Pod (2 people) : 11:55 pm – 12:20 pm

5<sup>th</sup> Grade Pod (3 people – 1 Ewell & Poulsen, 1 Lai & Grover, 1 Anderson): 12:00 pm – 12:25 pm

6<sup>th</sup> Grade Pod (2 people – 1 near 6<sup>th</sup> grade pod, 1 near Later): 12:05 pm – 12:30 pm

\*Recess Duty Supervisors should meet briefly to decide who is covering what area.