GENERAL RULES FOR PARTICIPATION. By entering the "National PTA Reflections Program," entrants accept and agree to be bound by these Official Rules as well as the entry requirements for their specific arts category and division. Any violation of these rules may, at PTA’s discretion, result in disqualification. All decisions of the judges regarding this program are final and binding in all respects. (The “PTA” referred to in these rules include all PTAs reviewing the entry).

1. ELIGIBILITY. Students must participate through a local PTA/PTSA in good standing. Parent groups not affiliated with National PTA are not eligible to sponsor this program. It is the responsibility of the state and local PTA/PTSA to determine each student’s eligibility in the National PTA Reflections® Program. A student may develop an entry in or outside of school.

2. HOW TO ENTER. Entrants must submit their artwork and student entry form to their local PTA/PTSA program according to local and state PTA procedures. Entrants must follow requirements and instructions specific to each arts category and division. Contact local PTA programs for deadlines and additional information.

3. ENTRY REQUIREMENTS. (All participants must also follow Arts Category and Division Rules)
   • Only new pieces of artwork inspired by the theme may be submitted.
   • Each entry must be the original work of one student only. An adult may not alter the creative integrity of a student’s work. Because the program is designed to encourage and recognize each student’s individual creativity, help from an adult or collaboration with other students is not allowed except in the Special Artist Division. Only one student may be recognized as the award recipient for each entry. Other individuals may appear in or perform a student’s work, but the work itself must be the creative product of one student only. See the specific Arts Category Rules for details.
   • Each entry must contain a title and all entries must include an artist statement. The artist statement communicates what inspired the work, how it relates to the theme, and the content of the work. The statement must include at least one sentence, but may not exceed 100 words.
   • Use of copyrighted material is prohibited, except for recorded music in dance choreography and film production entries. Plagiarized entries will be disqualified.
   • Use of PowerPoint presentations are prohibited because most graphic elements are copyrighted.
   • Entries that are sent on media – Utah PTA now accepts CDs, DVDs and flash drives.

4. FINALIST SELECTION AND NOTIFICATION. Entries are reviewed at local, council, region, state and national levels. Each PTA determines its own judges for the program. Entries will be judged primarily on how well the student uses his or her artistic vision to portray the theme, originality and creativity. The National PTA Reflections® program makes no restrictions on content or subject matter in artwork. Under no condition may parents or students contact the judges to dispute the status of any entry.

Awards will be announced according to local and state procedures. State award recipients will be notified by mail in April 2015. National award recipients will be notified via email by National PTA in May 2015. The PTA in its sole discretion will select finalists for exhibition and provide awards/prizes. Visit PTA.org/Reflections for more information on Exhibitions and awards.

5. OWNERSHIP AND LICENSE. Ownership in any submission shall remain the property of the entrant, but entry into this program constitutes entrant’s irrevocable permission and consent that PTA may display, copy, reproduce, enhance, print, sublicense, publish, distribute and create derivative works for PTA purposes. PTA is not responsible for lost or damaged entries. Submission of entry into the PTA Reflections program constitutes acceptance of all rules and conditions.

6. RETURNING ENTRIES. Entries will be returned through PTAs from State to Region to Council to Local. Utah PTA will do it’s best to ensure that all entries are returned in a timely manner. Utah PTA is not responsible for lost or damaged entries.

7. PARTICIPATING ENTITIES. This program is administered by the National Parent Teacher Association (PTA) and PTA affiliates.

8. STATE SPECIFIC INSTRUCTIONS. See Art Category and Division rules pages for Utah specific instructions.
FILM PRODUCTION is the process of making a film. The producer (student submitting the entry) is not required to appear in the film but if the student chooses to, a camera tripod may be used. All screenwriting, directing, camera/filming and editing must be done by the student producer. PowerPoint presentations are prohibited.

Consider the following styles to portray your original work of fiction or nonfiction:
- **Animation**: Demonstrates motion by sequencing still objects or using computer-generated graphics.
- **Narrative**: Tells a fictional story developed by the student.
- **Documentary**: Presents facts and information.
- **Experimental**: Explores movement, light and montage.
- **Multimedia**: Uses a combination of different contents (text, audio, still images, animation, etc.).

An explanation of the storyline and/or the significance of the film style might be a useful addition to the artist statement. Whether an entry displays use of technologies or a simple approach, it will be judged primarily on how well the student uses his or her artistic vision to portray the theme, originality and creativity. Software used to create an entry should only enhance and present the work, not provide the primary design.

**Copyright**: Entry may include public places, well-known products, trademarks or certain other copyrighted material as long as that copyrighted material is nonessential to the subject matter of the piece and/or is a smaller element of a whole. Use of background music must be cited on the student entry form.

**Suggestions for Audio/Visual Quality**:
- Use a tripod to hold the camera still
- Make sure there is plenty of lighting, especially if shooting indoors
- Turn off all noise-making devices in the room (air conditioners, fans, telephones, etc.)
- Record a short test and listen to it. If needed, change the record volume or microphone location.
- Make sure the background music (if any) is audible on the recording.
- Allow for two seconds of silence at the beginning and end of your recording.

**Submission Requirements**
- Only new pieces of artwork inspired by the theme may be submitted.
- Each entry must be the original work of one student only.
- Video must not exceed 5 minutes in length and 1GB (one gigabyte) in file size.
- Accepted file formats include: AVI, MOV, MPG, MPEG, MP4, WMV, FLV and F4V.
- Use of background music must be cited on the student entry form.
- Label CD/DVD/flash drive with title of artwork, arts category and division.
- Submit film and student entry form according to your PTA's instructions.

**Instructions for Packaging and Submitting Entries**
- Record production on a CD/DVD in one of the above-listed formats
- Label both CD/DVD and cover with name (First name and Last initial: Jane D.), title of artwork, arts category, and grade division. For flash drives attach a keying/label with the same information
- Place CD/DVD/flash drive into a 10” x 13” manila envelope
- Completely fill out:
  1. Student Entry Form (found with General Participation Rules)
  2. Film Information Form (attached to this Rules page)
- Insert into a clear plastic sheet protector with Student Entry Form on top so student information can be clearly seen:
  - Signed Student Entry Form
  - Consent Form if required
  - Film Information Form (must include Title and Artist Statement)
- Tape sheet protector to the manila envelope.
- Submit envelope containing your CD/DVD and completed, signed forms to your PTA Reflections Chair on the due date given for your school.
All participants must also follow General Rules for Participation.

LITERATURE is the art of writing. The author (student submitting entry) is a person who expresses their own thoughts and ideas through the use of words. Authors submit a single literary work, handwritten or typed, using grade-appropriate grammar, punctuation and spelling. Collections of literary work (such as poems and short stories) are not accepted.

Consider the following literary styles to portray your original work of fiction or nonfiction: Prose, Poetry, Drama, Reflective essay, Narrative, Short story.

An explanation of the storyline and/or the significance of the literature style might be a useful addition to the artist statement. Whether an entry displays formal writing technique or a simple approach, it will be judged primarily on how well the student uses his or her artistic vision to portray the theme, originality and creativity. Illustrated entries, including books, with pictures drawn by the student author are acceptable; however, only literary content is judged.

Acceptable Use of Type, Dictation and Translation:
• Be typed by another person as long as the original work or a copy of the original work is attached.
• Be dictated to another person and printed or typed in exact words as spoken by the student if the student is in pre-school, kindergarten or 1st grade. (Transcribers should make every attempt to retain the same level of language and accuracy that is reflected in the student’s original work).
• Students for whom English is not their first language may submit literature entries in their own language. An interpretive translation in English must accompany the entry.
• Translators should make every attempt to retain the same level of language and accuracy that is reflected in the student’s original work.

Copyright: Use of copyrighted material is prohibited. Plagiarized entries will be disqualified.

Submission Requirements:
• Only new pieces of artwork inspired by the theme may be submitted.
• Each entry must be the original work of one student only.
• Entry must not exceed 2,000 words.
• Handwritten & typed entries are accepted on 8.5x11 paper (one sided only).
• Write students name (First name, Last initial: Jane D.) and page number on the BACK of EACH page:
  Example: Jane D., page 1 of 2; Jane D. page 2 of 2
• Include student name, entry title, arts category and division on back of entry.

Instructions for Packaging and Submitting Entries
• Submit the original and two (2) copies of the entry in a manilla envelope
• Completely fill out:
  1. Student Entry Form (found with General Participation Rules)
  2. Literature Information Form (attached to this Rules page)
• Insert into a clear plastic sheet protector with Student Entry Form on top so student information can be clearly seen:
  • SIGNED Student Entry Form
  • Consent Form if required
  • Literature Information Form (must include Title and Artist Statement)
• Tape sheet protector to the manila envelope.
• Submit envelope containing your Literature entry and completed, signed forms to your PTA Reflections Chair on the due date given for your school.
DANCE CHOREOGRAPHY is the act of creating movement. The choreographer (student submitting entry) may be the performer or one of the performers, but the choreographer does not have to perform in the entry.

Consider the following styles and ensembles to portray your original choreography: Ballet, Contemporary, Hip Hop, Jazz, Tap, Folk Dance, Religious Dance, Dance Ensembles (color guard/indoor guard), Ice Skating/Dancing and Gymnastics-floor Routine.

Consider use of background song(s), props and the location to show a clear relation of the dance choreography to the theme. An explanation of the origin of the dance and/or the significance of the choreography might be a useful addition to the artist statement when submitting a dance choreography entry that involves traditional, cultural or regional dances. Whether an entry displays formal dance technique or a simple approach, it will be judged primarily on how well the student uses his or her artistic vision to portray the theme, originality and creativity.

Suggestions for Audio/Visual Quality:
- Use a tripod to hold the camera still.
- Make sure there is plenty of lighting, especially if shooting indoors.
- Turn off all noise-making devices in the room (air conditioners, fans, telephones, etc.).
- Record a short test and listen to it. If needed, change the record volume or microphone location.
- Make sure the background music (if any) is audible on the recording.
- Allow for two seconds of silence at the beginning and end of your recording.

Copyright: Use of copyrighted material is prohibited. Plagiarized entries will be disqualified. Use of background music must be cited on the Dance Choreography Information Form.

Submission Requirements:
- Only new pieces of artwork inspired by the theme may be submitted.
- Each entry must be the original work of one student only.
- Video must not exceed 5 minutes in length and 1GB (one gigabyte) in file size.
- Accepted file formats include: AVI, MOV, MPG, MPEG, MP4, WMV, FLV and F4V.
- Cite background music (if any) on the Dance Choreography Information Form.

Instructions for Packaging and Submitting Entries
- Record production on a CD/DVD/flash drive in one of the above-listed formats
- Label both CD/DVD and cover with name (First name and Last initial: Jane D.), title of artwork, arts category, and grade division. For flash drives attach a keying/label with the same information.
- Place CD/DVD/flash drive into a 10" x 13" manila envelope
- Completely fill out:
  1. Student Entry Form (found with General Participation Rules)
  2. Dance Choreography Information Form (attached to this Rules page)
- Insert into a clear plastic sheet protector with Student Entry Form on top so student information can be clearly seen:
  - SIGNED Student Entry Form
  - Consent Form if required
  - Dance Choreography Information Form (must include Title and Artist Statement)
- Tape sheet protector to the manila envelope.
- Submit envelope containing your CD/DVD/flash drive and completed, signed forms to your PTA Reflections Chair on the due date given for your school.
All participants must also follow General Rules for Participation.

PHOTOGRAPHY is the process of creating an image. The photographer (student submitting entry) is a person who captures their own thoughts and ideas with a camera. By focusing on objects using various lenses, filters and light sources, photographers may demonstrate the use of photographic techniques conventionally or digitally.

- Accepted forms of photography include: A single photo, panoramic, photomontage (one print of multiple original photos), a multiple exposure, negative sandwich or photogram. Original black-and-white and color images are accepted.

- Non-accepted forms of photography include: Entries with added graphics over the image, including lettering, are not accepted. Original film (negatives or transparencies) and multidimensional pieces are not accepted.

Consider use of objects, lighting and the location to show a clear relation of the photo to the theme. An explanation of the photography process/form might be a useful addition to the artist statement. Whether an entry displays use of technologies or a simple approach, it will be judged primarily on how well the student uses his or her artistic vision to portray the theme, originality and creativity.

Copyright: Use of copyrighted material, including copyrighted cartoon characters or other such material, is not acceptable in any photography submission, with the following exception:

- Photographs may include public places, well-known products, trademarks or certain other copyrighted material as long as that copyrighted material is incidental to the subject matter of the piece and/or is a smaller element of a whole. The resulting work cannot try to establish an association between the student and the trademark/business/material, or influence the purchase/non-purchase of the trademarked good.

Submission Requirements:
- Only new pieces of artwork inspired by the theme may be submitted.
- Each entry must be the original work of one student only.
- Print must not exceed 11x14 inches, including matting.
- Print must be mounted on sturdy material such as cardboard or poster board.
- Framed photos are not accepted. Covering artwork with a clear plastic cover is recommended.

Instructions for Packaging and Submitting Entries
- Completely fill out:
  1. Student Entry Form (found with General Participation Rules)
  2. Photography Information Form (attached to this Rules page)
- Insert into a clear plastic sheet protector with Student Entry Form on top so student information can be clearly seen:
  - SIGNED Student Entry Form
  - Consent Form if required
  - Photography Information Form (must include Title and Artist Statement)
- Tape sheet protector to the back of the artwork on TOP of any covering used.
- Submit artwork and completed, signed forms to your PTA Reflections Chair on the due date given for your school.
National PTA Reflections® Program

MUSIC COMPOSITION Rules

All participants must also follow General Rules for Participation.

MUSIC COMPOSITION is the process of creating a new piece of music. The composer (student submitting entry) is a person who expresses their own thoughts and ideas through the use of sound. The student composer may submit an entry performed by an individual or group and/or make use of a sound library generated performance of a composed score. Student composers are not required to perform their composition. Middle and high school grade divisions require music score/tabulature/notation, either traditional or tabulature.

Consider the following musical styles and instruments to portray your original composition: A Cappella, Blues, Choral, Country, Electronic, Hip hop, Jazz, Latin, Musical, Orchestral, Pop, R&B, Religious, Rock, Symphonic/Concert Band and Traditional.

All instruments, sounds, styles and combinations are accepted. Software may be used to produce an audio recording that does not include commercially pre-programmed imported MIDI or other source files. Entries containing algorithmic composition techniques are not accepted. An explanation of the origin of the music and/or the significance of the music style might be a useful addition to the artist statement when submitting a music composition that involves traditional, cultural or regional instruments. Whether an entry displays formal composition technique or a simple approach, it will be judged primarily on how well the student uses his or her artistic vision to portray the theme, originality and creativity.

Suggestions for Audio Quality:
- Do not place the recording device on top of an instrument(s) or speakers.
- Turn off all noise-making devices in the room (air conditioners, fans, telephones, etc.).
- Record a short test and listen to it. If needed, change the record volume or microphone location.
- Make sure the music is audible on the recording.
- Allow for two seconds of silence at the beginning and end of your recording.

Notation & Score: (Middle School & High School Divisions Only)
- Music score/tabulature/notation required for middle school and high school divisions. File may be printed and included with disk or copied onto disk/flash drive. Accepted file types include PDF and DOC.
- Notation software may be used to create a score.
- Whether the score is handwritten or computer-generated, appropriate instrumentation and voicing are required for the performance.

Copyright: Use of copyrighted material is prohibited. Plagiarized entries will be disqualified.

Submission Requirements:
- Only new pieces of artwork inspired by the theme may be submitted. Arrangements are not acceptable.
- Each entry must be the original work of one student only.
- Audio recording must not exceed 5 minutes in length and 1GB (one gigabyte) in file size.
- Accepted audio file formats include: MP3, MP4, WMA, WAV, ACC (M4A) and FLAC.

Instructions for Packaging and Submitting Entries
- Record production on a CD/DVD/flash drive in one of the above-listed formats.
- Label both CD/DVD and cover with name (First name and Last initial: Jane D.), title of artwork, arts category, and grade division. For flash drives attach a keyring/label with the same information.
- Place CD/DVD/flash drive into a 10” x 13” manila envelope.
- Completely fill out:
  1. Student Entry Form (found with General Participation Rules)
  2. Music Composition Information Form (attached to this Rules page)
- Insert into a clear plastic sheet protector with Student Entry Form on top so student information can be clearly seen:
  - SIGNED Student Entry Form
  - Consent Form if required
  - Music Composition Information Form (must include Title and Artist Statement)
- Tape sheet protector to the manila envelope.
- Submit envelope containing your CD/DVD/flash drive and notation (if printed) along with completed, signed forms to your PTA Reflections Chair on the due date given for your school.
All participants must also follow General Rules for Participation.

VISUAL ARTS include many art forms that are visual in nature. The artist (student submitting entry) is a person who captures their own thoughts and ideas to create a visual piece of art.

- **Accepted forms of visual art include:** original print, drawing, painting, collage (cut and pasted materials such as clippings and photos), metal etching or punch work, fiber work or computer-generated artwork.

- **Non-accepted forms of visual art include:** sculpture, ceramics and other three-dimensional artwork, stained glass and jewelry, regardless of thickness, reproductions or enlargements of other artwork and PowerPoint files. Framed artwork not accepted.

An explanation of the art form might be a useful addition to the artist statement. Whether an entry displays use of formal technique or a simple approach, it will be judged primarily on how well the student uses his or her artistic vision to portray the theme, originality and creativity.

**Copyright:** Use of copyrighted material, including any copyrighted cartoon characters or likeness thereof, is not acceptable in any visual arts submission, with the following exceptions:

- Visual art-work may include public places, well-known products, trademarks or certain other copyrighted material as long as that copyrighted material is incidental to the subject matter of the piece and/or is a smaller element of a whole. The resulting work cannot try to establish an association between the student and the trademark/business/material, or influence the purchase/non-purchase of the trademarked good.
- Visual arts collages may include portions of existing copyrighted works, such as photographs, magazine clippings, internet images and type cut out of a newspaper, as long as those portions of copyrighted works are used to create a completely new and different work of art.

**Submission Requirements:**

- Only new pieces of artwork inspired by the theme may be submitted.
- Each entry must be the original work of one student only.
- Artwork must not exceed 24x30 inches, including matting.
- Paper entries must be mounted on sturdy material such as cardboard.
- Artwork must be flat and not more than 3/8 inch. Framed artwork not accepted.
- Nothing three-dimensional (noodles, beans, beads, etc.) may extend off the surface of a work.
- Label back of entry with student name, title of artwork, arts category and division.

**Instructions for Packaging and Submitting Entries**

- Completely fill out:
  1. Student Entry Form (found with General Participation Rules)
  2. Visual Arts Information Form (attached to this Rules page)
- Insert into a clear plastic sheet protector with Student Entry Form on top so student information can be clearly seen:
  - SIGNED Student Entry Form
  - Consent Form if required
  - Visual Arts Information Form (must include Title and Artist Statement)
- Tape sheet protector to the back side of your artwork on TOP of any covering used.
- Submit your artwork with Student Entry Form to your PTA Reflections Chair on the due date given for your school.
Utah PTA Category ONLY
3-Dimensional Art is NOT a National Category and will only be recognized up to the State level.

All participants must also follow General Rules for Participation.

3-Dimensional Art is any art form having length, breadth and depth. This includes visual arts that exceed the 3/8 inch thickness rule. Any of the following are acceptable:

- **Sculpture**
  - Any medium that will meet storage restrictions
  - Can be a combination of mediums
  - No loose pieces that can become separated

- **Jewelry**
  - Can be made from any material
  - If chains, pin or earring mounts are used they can be purchased
  - All other aspects of the jewelry need to be original from the perspective of the artist

- **Visual Arts**
  - Art that does not meet the qualifications or dimensions and guidelines for Visual Arts may be submitted as 3D art
  - This art may include mobiles, wind chimes, kites, collages, dioramas, etc
  - No loose pieces that can become separated

- **Ceramics**
  - This must be created completely by the students (Help may be given for firing if necessary)
  - No precast ceramics allowed, from scratch only

**NO KITS ARE ALLOWED**

Artwork MUST be original and created by student

**Presentation**

- Make sure that student’s name (First initial and Last name, ie: J. Doe), title of artwork, grade and teachers name are printed on or attached to artwork in some way so that artwork may be returned.
- Art is not limited in size but must be able to be moved for display purposes.
- Actual work is only judged at Local level only. Once judging is completed the original artwork will be returned to the student.
- Submit a photograph of the entry to be used for identification purposes, 5x7 preferred.

**Instructions for Packaging and Submitting Entries**

- Completely fill out:
  1. Student Entry Form (found with General Participation Rules)
  2. 3-Dimensional Information (attached to this Rules page)

- Insert into a clear plastic sheet protector with Student Entry Form on top so student information can be clearly seen:
  - SIGNED Student Entry Form
  - Consent Form if required
  - 3-Dimensional Information Form (must include Title and Artist Statement)

- Submit your 3-Dimensional Artwork and Student Entry Forms to your PTA Reflections Chair on the due date given for your school.