

## Mark Your Calendar

For the

# 7<sup>TH</sup> ANNUAL

## PAY IT FORWARD

### 5K/1 MILE CHALLENGE

# SATURDAY, MAY 6, 2017 AT 8:30AM

Payson City Memorial Park

Performance by  
Local band  
8:30am to 10am

Everyone Is  
Invited!!

#### Activities

- 5k/1 mile walk/run
- Mingle and meet a mascot
- Medallion Packet Pick-up 9am to 10am
- Live Music 8:30am to 10am
- Food Trucks 8:30am to 10:30am
- Random Drawing 9:30am to 10am **MUST be PRESENT to WIN**
- Grand Prize Announced at 10am **MUST be PRESENT to WIN**

#### Pre-Registration by May 2, 2017

Cost: **\$1 per person**

You receive a **medallion, certificate and name in drawing.**

In-person, by mail or our New Online Registration

Pre-registration required to guarantee medallion, certificate at the event & name in drawing.

The first 1500 participants are guaranteed the **NEW medal** design!!

#### Day of Registration: 7:30 to 8:15am

Cost: **\$5 per person**

You receive a medallion & certificate—depending on availability—it may be available at event or you will need to pick it up at Payson City Center on May 16-18.



Phone: 801.404.6476  
E-mail: [payitforward5k1milechallenge@gmail.com](mailto:payitforward5k1milechallenge@gmail.com)

#### Registration Locations:

- Online [Payitforward5k1milechallenge.blogspot.com](http://Payitforward5k1milechallenge.blogspot.com)
- Payson City Center 439 W Utah Ave, Payson
- Payson City Recreation Office 1050 S Main, Payson
- Payson City Library 66 S Main, Payson



Updates and  
Online Registration

[payitforward5k1milechallenge.blogspot.com](http://payitforward5k1milechallenge.blogspot.com)

Like us on



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Visit us online for Registration locations, forms, course maps, updates, sponsor and volunteer opportunities.

Optional Elementary School Challenge  
School with the most participants (students, staff & family) will receive an award assembly. Indicate your school on the registration form to participate.

Hosted by Payson City Employees



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### Multi-person Registration form

Registration Form Pay It Forward 5k/1 mile Challenge  
 Payson City Employees Wellness Program  
 439 West Utah Ave • Payson • UT • 84651 • 801.465.5277 • 801.404.6476

Participant Name (PRINT LEGIBLY)	Gender	Age	Course	Elementary School*
	<input type="checkbox"/> M <input type="checkbox"/> F		<input type="checkbox"/> 5k <input type="checkbox"/> 1 mile	
	<input type="checkbox"/> M <input type="checkbox"/> F		<input type="checkbox"/> 5k <input type="checkbox"/> 1 mile	
	<input type="checkbox"/> M <input type="checkbox"/> F		<input type="checkbox"/> 5k <input type="checkbox"/> 1 mile	
	<input type="checkbox"/> M <input type="checkbox"/> F		<input type="checkbox"/> 5k <input type="checkbox"/> 1 mile	
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	<input type="checkbox"/> M <input type="checkbox"/> F		<input type="checkbox"/> 5k <input type="checkbox"/> 1 mile	
	<input type="checkbox"/> M <input type="checkbox"/> F		<input type="checkbox"/> 5k <input type="checkbox"/> 1 mile	
	<input type="checkbox"/> M <input type="checkbox"/> F		<input type="checkbox"/> 5k <input type="checkbox"/> 1 mile	
	<input type="checkbox"/> M <input type="checkbox"/> F		<input type="checkbox"/> 5k <input type="checkbox"/> 1 mile	

\*K-6 Public Elementary School in Payson, Salem, Santaquin or Goshen

### Household Information

Street Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone Number(s) \_\_\_\_\_ Email address (PRINT) \_\_\_\_\_

**Waiver Release Form** (please read carefully before submitting this acknowledgement.) In consideration of the acceptance of my entry in the Payson City 5k/1 mile Challenge, I the undersigned participant, and if under the age of 18, my parent or guardian, intending to be legal bound, do hereby for ourselves, heirs, executors, administrators, and assigns, forever waive, release, and discharge any and all rights, claims, and actions for damages that we may have, or that may hereafter accrue to us against any all persons, organizations, and entities associated with the event, including, but not limited to Payson City Races, Any and all sponsors of the event, City of Payson, Utah County, State of Utah, and Payson Chamber of Commerce, individual race organizers, and their respective officers, directors, employees, agents, representatives, successors, and assigns, arising out of or in connection with my entry in, travel to, participation in, and return from the Payson City Fun Run. I attest and verify that I am physically fit and sufficiently trained to participate in this event. I further assume and will pay my own medical and emergency expenses in the event of an accident, illness, or other incapacity regardless of whether I have authorized such expenses. I also give my permission for the free use of my name and/or picture in broadcast, telecast, newspapers, etc. I understand that entry fees are nonrefundable. Please sign this form, date, and mail it with a check or money order to Payson City 439 West Utah Ave, Payson, Utah 84651.

Signature \_\_\_\_\_

Date \_\_\_\_\_

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	<input type="checkbox"/> M <input type="checkbox"/> F		<input type="checkbox"/> 5k <input type="checkbox"/> 1 mile	
	<input type="checkbox"/> M <input type="checkbox"/> F		<input type="checkbox"/> 5k <input type="checkbox"/> 1 mile	
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	<input type="checkbox"/> M <input type="checkbox"/> F		<input type="checkbox"/> 5k <input type="checkbox"/> 1 mile	
	<input type="checkbox"/> M <input type="checkbox"/> F		<input type="checkbox"/> 5k <input type="checkbox"/> 1 mile	
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Signature \_\_\_\_\_

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