

# Hawk Happenings

February 2023

**Dear Spring Lake Families,**

Our Character Trait for February is: *Honesty*  
*Honesty is when you speak the truth and act truthfully.*

Happy February! We are looking forward to some fun and educational activities this month.

- White Ribbon Week: February 13th - 17th (see more information below)
- Valentine's Day: Tuesday, February 14th
- Recess Dads: Friday, February 24th

There will be **NO SCHOOL** on **Monday, February 20th (President's Day)**.

**Next Month Calendar items:**

- March 6th-9th - Book Fair
- March 9th - SEP Conferences
- March 10th - NO SCHOOL!
- March 16th - Spring Pictures
- PTA Fundraiser - March 20th - 29th (Penny Wars)
- March 22nd - NO SCHOOL!
- March 31st - 5th Grade Maturation @ 2:30 PM
- April 3rd - 7th - SPRING BREAK!

Hope you have a wonderful month and please reach out to me if you have any questions/concerns!

**Mrs. Coral Lee Findlay**

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# WHITE RIBBON WEEK

## February 13th - 17th

White Ribbon Week consists of 5 fun-filled days at school to help students think carefully about their online choices.

White Ribbon Week addresses many issues including online safety, cyberbullying, screen time and emotional wellness.

**Mon, Feb 13th (wear white):** *"I will use technology to show kindness and respect."*

**Tue, Feb 14th (wear hearts):** *"I will give priority to real life relationships."*

**Wed, Feb 15th (favorite sports/exercise):** *"I will choose healthy activities to handle stress and boredom."*

**Thur, Feb 16th (favorite activity or color):** *"I will choose to balance my day."*

**Fri, Feb 17th (favorite character):** *"I will remember that not everything online is real."*



## Attention **Nebo** Parents

*join our Mental Health Series focusing on...*

### **Emotional Regulation: Part 1 Recognizing What's Wrong**

February 22, 2023

6:00–7:00 PM via Zoom



REGISTER HERE:

<https://cookcenter.info/NeboFeb22>

**Nebo**  
SCHOOL DISTRICT





## **Inclement Weather Procedures**

- **Children should arrive at school dressed for the weather of the day so they can safely and comfortably enjoy recess as they will be expected to go outside most days.** All children will be expected to go out for recess except in extreme weather conditions: Very cold temperatures (below 20 degrees), heavy rain or snowfall, and unhealthy air/inversions (we check air quality daily).
- Please label all coats, jackets, hoodies, gloves, etc. with your child's name so that items can be easily returned when dropped or misplaced.